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सत्यमेव जयते

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(भारत सरकार का एक सांविधिक निकाय)

(शिक्षा मंत्रालय, भारत सरकार)

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ALL INDIA COUNCIL FOR TECHNICAL EDUCATION

(A STATUTORY BODY OF THE GOVT. OF INDIA)

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SUB: Use of an application that promotes happiness in the AICTE administered Institutions / Universities

Dear Director/ Principal,

As we rise above the pandemic of Covid, we must be conscious of the stress build-up amongst our students and youth.

This impacts and stresses further the need to reinforce and strengthen the Social and Emotional Learning (SEL) faculties of our students. AICTE has been instrumental in organizing several workshops on **value-based learning** and also promoting value-based education.

In line with that it is now our objective to assess the social and emotional well-being of each of our students and an app titled; YourOneLife is being released by AICTE. The app has an in built AI that will assess each institution's happiness index that shall be released each month by AICTE. The app will rate each institution's position on a happiness ladder. It will provide solutions to mitigate stress as well.

It is imminent upon all the AICTE affiliated colleges to ensure that this app is downloaded by their students and is used every day by them. The app not only assesses; it also enables each student to calibrate one's life on a forever road to happiness.

Further, Happiness is also interwoven into the UN SDGs and is seen as a catalyst and contributor towards creation of a sustainable world. The **World Happiness Report** published by the United Nations Sustainable Development Solutions Network. (UNSDSN) contains rankings of national happiness. India currently figures 139th position out of the 156 countries that are signatories to the UN SDGs. AICTE will write to <https://www.unsdn.org/> to affirm this milestone achievement with your participation. Which will improve India's ranking.

The nationwide announcement and the app for this will be released on 20th December 2021 at the Sher-i-Kashmir convention center, Srinagar. Meanwhile it is advised that the app will be released for registration of all between the 10th December to 17th December 2021. PI ensure that all students and faculty of your institution during that period download it.

The tutorial for use of the app will be made available in Hindi and English languages in a simple AV format by the 10th December 2021 too.

PI post this on your notification boards and inform the students and await further notification. AICTE, has nominated Mr.Pradeep Bhaskar assttdir.papb@aicte-india.org and Mr. Yogesh Kochhar, will await your confirmation on yogi@yol.one

On 20th March 2022, we shall announce National Happiness rankings of each college and I look forward to each college's participation

I am sure the application will prove immensely useful and raise the happiness quotient in your students and faculty lives.

Wishing you all happiness ahead.

(Anil D Sahasrabudhe)